Indiana University School of Medicine

Internship in Clinical Psychology

Rotation Handouts

2019-2020
Who We Are
The Christian Sarkine Autism Treatment Center (CSATC) is located within Riley Hospital for Children, which has been serving Indiana's children for over 80 years. Riley is one of the five largest children's hospitals in the United States and ranked nationally as one of the top children's hospitals in the country.

CSATC focuses on serving individuals with Autism Spectrum Disorder (ASD) and other neurodevelopmental disabilities of all abilities and developmental levels. CSATC is a diagnostic and treatment clinic serving families from around the state of Indiana and bordering states (Illinois, Kentucky, Ohio).

Who We Serve
Our clinic serves individuals from toddlerhood through early adulthood. Our primary presenting concerns are:

- Language delay
- Aggression
- Tantrums
- Self-injury
- Social skill deficits
- Oppositional behavior
- Anxiety
- Depression
- Adaptive skills deficits (i.e., toileting)

Our patients often have complicated presentations:

- Genetic syndromes (e.g., Fragile X, Down’s Syndrome, Angelman’s Syndrome)
- Medical complications (e.g., feeding disorders, childhood cancer, seizure disorders, mitochondrial disorders)
- Differential diagnoses (e.g., ADHD, disruptive behavior, anxiety, intellectual disability)

Services We Provide
The CSATC provides families with comprehensive evaluations and ongoing clinical care for interfering behavior problems and skill deficits. We receive referrals from across the state and within our Riley Hospital for our complex diagnostic decision making and behavioral and medical treatment expertise. Services we provide include:

Diagnostic Evaluation – determine appropriate diagnoses and assess for ASD. Evaluation includes a semi-structured caregiver interview (e.g., developmental history, social-communication skill development, restricted/repetitive behaviors, problem behaviors) and child observation. Feedback, diagnosis and treatment recommendations are provided and family is connected to local supports and resources.

Comprehensive Evaluation – when additional information is needed, formal testing completed to assess ASD, ID, and other diagnoses. Includes ADOS, behavior rating scales, cognitive assessments, and assessment of adaptive skills.

Parent Management Training – address behavior problems and skill deficits through Applied Behavior Analysis-based parent training. This include antecedent interventions (e.g., visual supports, schedule changes), function-based consequences (e.g., planned ignoring, differential attention, positive reinforcement) and teaching replacement skills (e.g., functional communication, coping skills).

Individual Cognitive Behavioral Therapy – address co-morbid diagnoses (e.g., anxiety, depression) in higher functioning individuals with ASD. Basic CBT is modified to meet the individual’s needs, drawing from a number of interventions such as Facing our Fears and ZONES of Regulation.

Medication Management – psychiatrists and psychiatry residents manage behavior problems through psychotropic medications.
**Intern Responsibilities**

**Behavioral Services:**
- Utilize Applied Behavior Analysis (ABA) focus
- Lead parent training
- Conduct individual therapy
- Treatment plan focusing on antecedent, behavior, and consequence

**Assessment Services:**
- Conduct diagnostic interviews & observations
- Consider differential diagnoses (e.g., ADHD, disruptive behaviors, ID)
- Complete comprehensive evaluations when appropriate (e.g., IQ testing, adaptive skills, structured interviews)

**Additional Intern Opportunities**

**Clinical Development:**
- Exposure to the ADOS
- Case presentations

**Scholarly Development:**
- Case studies, chart reviews, etc.
- Journal reviews, book chapters, manuscript preparation opportunities
- Poster presentations at regional and national conferences
- Journal club

**Post-Doctoral Fellowship Opportunities**

- Two one-year fellowships offered annually
- Increased emphasis on assessment, including extensive standardized testing experience (e.g., ADOS, SB-V)
- Behavioral interventions and parent training
- Contact hours and supervision necessary for licensure
- Opportunity to supervise practicum students and interns

**Program Faculty**

**Noha Minshawi, PhD, HSPP** – Clinic Director; Clinical Psychologist

**Jill Fodstad, PhD, HSPP, BCBA-D** – Clinical Psychologist

**Emily Roth, PsyD, HSPP** – Clinical Psychologist

**Marty Plawecki, MD, PhD** – Medical Director; Child and Adolescent Psychiatrist
Who We Are
Opened in November 2016, the Simon Skjodt Child and Adolescent Behavioral Health Unit is a unique program for children and adolescents with acute behavioral and psychiatric needs. Providing both inpatient and partial hospitalization programming, we specialize in providing multidisciplinary, evidenced-based care focused on increasing positive coping and emotion regulation skills, medication management, and family-based supports.

Serving patients from around the state of Indiana, we are part of a continuum of care that includes outpatient care through our affiliation with the Riley Child and Adolescent Psychiatry Clinic. Our unit also conducts research and provides training to residents, fellows, and interns in psychiatry and psychology as well as other disciplines.

Who We Serve
Our program provides services for 8- to 17-year olds with chronic, worsening, or acute behavioral or psychiatric symptoms that pose high risk of harm to self or others, such as:

- Self-injurious behavior
- Aggression
- Mood instability
- Compulsive or repetitive behaviors
- Homicidal ideation
- Restrictive eating
- Suicidal ideation
- Hallucinations/Delusions
- Severe anxiety

We serve patients with a variety of diagnoses, including:

- Anxiety Disorders
- Depression and severe Mood Disorders
- Autism Spectrum Disorder
- Eating Disorders
- Intellectual Disability
- Psychosis
- Catatonia
- Comorbid Substance Abuse
- Complex Medical Issues

Our Treatment Approach
We offer a full range of targeted pharmacological, behavioral, and therapeutic interventions seven days a week. Utilizing an individualized patient plan of care, we provide assessment, diagnosis, and treatment utilizing a variety of evidenced-based interventions, individual therapy, family therapy, parent training/education, and group therapy as appropriate.

We presently have two main psychotherapy programs, the ZONES and the WAVES, led by licensed clinical psychologists. Each program, divided by age or developmental status, is based on research-driven techniques shown to be effective at increasing positive coping strategies and other appropriate skills (e.g., emotion regulation, perspective taking, problem solving, distress tolerance), and reducing negative or harmful behaviors or thoughts.

In addition, we offer a year-round school program and a variety of other therapies and enrichment activities including art therapy, music therapy, child life, yoga, and animal-assisted interaction therapy. The goals of these groups are to further develop patient skills in areas such as communication, assertiveness, increased self-esteem, meaningful relationships, social skills, normalization, and positive coping strategies.

Length of Stay
Average length of inpatient stay is 3 - 6 days; average length of a partial hospitalization stay is 1-2 weeks. For patients with a comorbid developmental disability or patients with an eating disorder length of stay could be up to 2-3 weeks.

Our Team
We take an interdisciplinary approach to treatment, relying on input from psychiatrists, clinical psychologists, pediatricians, behavioral health clinician, nurses, mental health technicians, Certified Child Life Specialist, and educational liaison. Other disciplines are consulted on a case-by-case basis. Family involvement is strongly encouraged and we value parent input immensely as we develop each patient’s plan of care.
Program Personnel

**Cassie Karlsson, MD** – Medical Director; Board-certified Adult, and Child and Adolescent Psychiatrist

**Jill Fodstad, PhD, HSPP, BCBA-D** – Clinical Director; Clinical Psychologist, Board-certified Doctoral-level Behavior Analyst

**Jennifer Gilmour, MSN, RN** – Interim Manager of Clinical Operations

**Mallery Neff, MD** – Board-certified Pediatrician; Adult, and Child and Adolescent Psychiatrist

**Melissa Butler, PhD, HSPP** – Clinical Psychologist

**Kari Gerth, MSW, LCSW** – Behavioral Health Clinician

**Sara Midura** – Educational Liaison, School Program

**Jodi Bauers, MM, CLS** – Certified Child Life Specialist

**Tiffany Smith, RN** – Interim Day Shift Coordinator

**Nurses, Mental Health Technicians, Psychiatry Trainees, Psychology Trainees, Medical Students**

---

**Feedback on Services**

“Thank you for helping my daughter and I be able to speak for the first time in a long while… I feel as if we are on the right path.”

“Wonderful! You saved our child in a way we could not and are ever grateful to the amazing staff on the unit.”

“We are very pleased with the care our child received on the unit. Thank you all so much!”

“The staff were excellent in working with me and my daughter. Thank you!”

“Since discharging from the unit, everyone has commented that my child has done a 180°. Thank you so much for all the help you gave my family and my child. It was life-changing!”

“Thanks to all of you and your staff; we are both so appreciative and know that his success is because of all of you!”

“… did the best on the inpatient psychiatric unit at Riley Children’s Hospital…the treatment team had a wealth of resources to bring to bear on her treatment, including but not limited to … a sophisticated milieu staff, excellent medical and nursing leadership, and a comprehensive and sophisticated behavioral treatment plan.”

“My child’s hospitalization on the unit was extremely transformative, and was the fork in the road that led to his improvement. The team was very kind and made every effort to be helpful and informative. While my child still has challenges, they are now few and far between, especially compared to how things were before he came to the unit.”

---

**Intern Responsibilities:**

Participate in multi-disciplinary acute care through:

- Team meetings
- Morning huddles
- Staff training
- Intake and discharge process
- Care coordination
- Patient- and family-centered care
- Developing behavioral treatments
- Setting treatment goals

Interns also have the opportunity to:

- Co-lead groups
- Participate in family therapy
- Facilitate caregiver training
- Work individually with patients
- Participate in milieu programming
- Gain exposure to applied behavior analysis and reinforcement-based programming in acute settings
- Conduct psychological testing (e.g., cognitive, academic, personality, trauma, autism, adaptive)
Who We Are
The Psychiatry Consultation Liaison Service is a consulting service at Riley Hospital for Children. Our service includes both psychiatry and psychology providers on one team to maximize coordination of care and expertise. We provide consultation and liaison services for children, adolescents, and young adults (and occasionally older adults) who are medically hospitalized at Riley.

Who We Serve
The psychiatry CL service provides services patients who are medically hospitalized at Riley Hospital for Children. Consults are requested for a variety of reasons including:

- Coping with chronic illness or prolonged hospitalization
- Procedural anxiety or pain management
- Facilitating adherence to medical regimen
- Safety evaluations (e.g., suicidal ideation/attempts or homicidal ideation)
- Assessment and treatment of somatic symptoms including conversion disorder
- Pre/post transplant evaluations
- Somatic Symptom Disorders
- Assessment or treatment of co-morbid or primary mental health diagnoses
- Evaluation/treatment of psychosis, delirium, or catatonia

Our Services
Psychological services on the CL service include assessment and brief treatment with a primarily cognitive behavioral therapy approach.

- Clinical diagnostic interviews
- Safety assessments & disposition
- Brief individual therapy
- Participation in care conferences and team meetings

Our Team
**Primary Team Members**

- **Julianne Giust, MD** – Medical Director (Faculty Supervisor)
- **Amy Williams, PhD, HSPP, ABPP** – Clinical Director, Clinical Pediatric Psychologist (Faculty Supervisor)
- **Hillary Blake, PsyD, HSPP** – Clinical Pediatric Psychologist (Faculty Supervisor)
- **Kathy Hayes, LCSW** – Behavioral Therapist
- **Tamara Albert, LCSW** – Behavioral Therapist

In addition to our primary team members, we have regular consulting providers from the psycho-oncology program and art therapy. We also have trainees from a variety of disciplines including psychology interns, psychiatry residents, child psychiatry fellows, pediatric residents, and medical students.

Intern Responsibilities
Intern training will follow a developmental approach beginning with shadowing and then gradually increasing independence in responsibilities over course of the rotation. Intern responsibilities will include:

- Conducting initial interviews with emphasis on case conceptualization of pediatric psychology cases and report writing for CL setting
- Participating in team rounds and treatment planning
- Communicating with consulting pediatricians regarding case conceptualizations and recommendations
- Providing individual treatment including brief CBT
- Obtaining psychiatric inpatient placements
- Supervised-supervision or peer training of other trainees on the service
Who We Are

The Adolescent Dual Diagnosis Program at Riley at IU Health is an outpatient clinical program for youth who experience co-occurring substance use and mental health disorders. Our team serves patients from around the state of Indiana, with capacity to deliver treatment in clinic and via telehealth. We are the first and only substance use treatment program in the Midwest to use ENCOMPASS – an evidence-based treatment that incorporates psychotherapy and medications to simultaneously target substance use and mental health disorders. We have worked closely with the ENCOMPASS developers since our program’s founding to ensure we are providing the highest quality care and have been designated as an official ENCOMPASS training site.

Who We Serve

Our treatment program is for 10- to 18-year-olds with a substance abuse disorder and any other behavioral, attentional, and/or emotional difficulty. Adolescents who struggle with anxiety, depression, ADHD, defiance, anger, psychosis, and a range of other concerns can benefit from ENCOMPASS.

Our Services

- Comprehensive diagnostic evaluation with patients and their caregivers
- Individual cognitive behavioral therapy (CBT), motivational enhancement therapy (MET) & contingency management (CM)
- Medication management
- Family sessions with patients and caregivers
- Parent sessions
- Community education and advocacy

Our Team

Leslie Hulvershorn, MD – Medical Director, Board-certified Child & Adolescent and Addiction Psychiatrist
Zachary Adams, PhD, HSPP - Director of Training, Psychologist, Supervisor
Laura Redelman, LCSW - Licensed Clinical Social Worker
Sarah Harris, LCSW, MSSW – Caregiver therapist
Tiffany Hatfield, BA – Program Coordinator

Our team also includes learners from Psychiatry, Psychology, Social Work, Medicine, and related fields.

Intern Responsibilities

- Deliver individual ENCOMPASS psychotherapy (involving CBT, MET, CM) to adolescent patients
- Observe and facilitate family sessions
- Participate in weekly, multidisciplinary ENCOMPASS team meetings
- Engage in weekly individual and group supervision
- Observe and/or conduct supervised new patient intake evaluations
- Administer standardized clinical assessment tools
- Coordinate care with psychiatrists, social workers, educators, and other members of the care team

Note: Specific responsibilities are tailored to the experience and learning goals of each intern
Who We Are

The Riley Children’s Gender Health Program has been providing comprehensive team-based health care services to gender diverse youth and their families since 2016. Our team combines experts in adolescent medicine, pediatric endocrinology, psychology, and social work who provide sensitive, safe, and compassionate care in an affirming environment. Our providers can answer questions about gender identity and transition options, if desired, and we strive to support the physical, emotional, and social health of our patients.

Who We Serve

The Gender Health program provides services for individuals up to age 21. Our interdisciplinary team provides care for transgender, non-binary, intersex, and gender nonconforming children, adolescents, and adults, as well as for youth exploring or questioning their gender identity.

Gender dysphoria is a condition in which someone’s experienced gender does not match the gender other people assign to them. Without proper care and support, adolescents with gender dysphoria are at increased risk of depression, suicide, sexually transmitted diseases and physical, emotional and sexual abuse. The Gender Health Program strives to prevent these problems and promote the well-being of gender diverse youth.

Specific services provided by the team include (but are not limited to):

- Gender-affirming hormone therapy
- Treatment for menstrual suppression
- Psychological counseling and support
- Surgery consultation and coordination
- Social work support and connection to community resources

Faculty Supervisor

Kelly Donahue, PhD, HSPP – Clinical Psychologist; Assistant Professor of Clinical Pediatrics

Intern Responsibilities

- Participate in clinics conducted through the Department of Pediatrics in the Divisions of Adolescent Medicine and/or Endocrinology

- Interns will receive supervision in the provision of gender-affirming care for gender diverse children and teenagers. Specific activities include:
  - Conducting comprehensive diagnostic evaluations and “readiness” assessments (for patients interested in pursuing medical transition options).
  - Providing supportive therapy as patients explore their gender identity or as they pursue gender-affirming social and/or medical transition.
  - Providing ongoing therapy to address co-occurring depression, anxiety, etc., using primarily a CBT-based approach.
  - Gaining skills in providing education to parents and families regarding gender-related concepts and assisting families in managing concerns regarding their child’s gender identity/expression or transition.

- Thursday clinics: Interns will participate in a multidisciplinary adolescent medicine clinic that includes providers in medicine, psychology, social work, nursing, and nutrition. This dedicated team clinic occurs on two Thursday afternoons each month.

- Outside of team clinic, most patients are seen by psychology team for evaluations or therapy related to gender dysphoria. Remaining patients include referrals from providers in adolescent medicine or endocrinology for anxiety, depression, and management of chronic health conditions.
Who We Are
The Cancer & Blood Diseases Department at Riley ranks nationally as a provider of care for children with cancer and treats over 80% of children with cancer in Indiana. We provide the only pediatric stem cell transplant program in the state and provide cutting-edge care as a member of the Children’s Oncology Group Phase I & Pilot Consortium. The Pediatric Psycho-Oncology program is a supportive service offered within the Department of Cancer & Blood Diseases.

Who We Serve
Our program provides psychological services to children, adolescents, and young adults who are currently undergoing treatment for cancer at Riley. We also provide psychological care to survivors of pediatric cancer who were treated at Riley. We provide family support when it is impacting the patient’s coping and adjustment. Common presenting problems include:

- Coping with new diagnosis
- Adjustment disorder
- Anxiety
- Depression
- Behavior problems
- Nonadherence
- Symptom management
- End-of-life concerns

Our Services
The Pediatric Psycho-Oncology program provides inpatient and outpatient psychological care to children with cancer at Riley. Treatment is targeted toward coping with the cancer experience and is tailored to the patient’s needs. Treatment duration may range from only a single consultation to long-term psychotherapy. The treatment approach is primarily cognitive-behavioral.

Faculty Supervisor
Stephanie Hullmann, PhD, HSPP – Clinical Director; Pediatric Psychologist

Our Team
We work closely with other members of the Oncology team, the Psychosocial team, and Psychiatry staff. We commonly collaborate with oncologists, nurses, psychiatrists, neuropsychologists, social workers, art therapists, music therapists, child life specialists, and educational liaisons.

Intern Responsibilities
This rotation takes a developmental approach. Initially, the intern will shadow the supervising psychologist and will gradually gain more independence over time. Throughout the course of the rotation, interns may have opportunities to:

- Conduct intake assessments
- Provide outpatient psychotherapy
- Conduct inpatient consultations
- Conduct consultations in interdisciplinary clinics
- Develop skills in cognitive-behavioral therapy and pediatric behavioral medicine
- Collaborate with other members of the interdisciplinary team
- Attend interdisciplinary treatment team meetings
  - Psychosocial Rounds
  - Tumor-specific team meetings
  - Tumor Board
  - CL Rounds
- Assist with care coordination
Who We Are

The Riley Sleep Disorders Center is the only American Academy of Sleep Medicine-accredited sleep program exclusively for children in Indiana. We provide comprehensive care through a team of specialists that includes board certified sleep medicine physicians with additional training in pediatric pulmonology, and pediatric neurology. Our team further includes pediatric sleep psychologists, nurse coordinators, respiratory therapists and certified sleep educators. We have two eight-bed laboratories, and several specialty programs, including our Behavioral Sleep Medicine Program.

Who We Serve

The Behavioral Sleep Medicine Program at Riley Sleep Disorders provides specialized, individualized care for children birth through 18 years of age. We target behavioral and psychological factors that contribute to the development or persistence of sleep problems. Common presenting issues include: 1) insomnia, which can present as difficulty falling asleep or staying asleep, bedtime resistance, and/or difficulty sleeping independently; 2) Delayed Sleep Wake Phase Disorder or other circadian rhythm disruptions; 3) nighttime fears or anxiety; 4) nightmares; or 5) parasomnia.

Intern Responsibilities and Experiences

The intern will start by shadowing the supervisor, gradually working towards providing assessment and treatment services. In addition to developing a strong foundation and understanding of behavioral sleep medicine treatment, the intern will gain familiarity with actigraphy as a clinical assessment tool, observe part of an overnight polysomnogram, shadow a sleep physician in clinic, and learn to screen for medical sleep disorders. The training experience further includes opportunities to work with infants and toddlers.

Our Services

Behavioral sleep treatment tends to be brief, usually two to six sessions, and is highly focused on sleep. We offer behavioral sleep treatment approaches that include:

- Cognitive behavioral therapy for insomnia (CBT-I)
- Child-focused skills training to manage fears and/or anxiety, including biofeedback
- Infant behavioral sleep approaches to encourage independent sleep
- Strategies to make changes in sleep habits, schedules, environment, or pre-sleep activities, including behavioral programs and visual bedtime schedules
- Light therapy and chronotherapy for circadian problems
- Imagery rehearsal therapy for frequent nightmares

Faculty Supervisor

Sarah Morsbach Honaker, PhD, CBSM, is the Director of Behavioral Sleep Medicine at Riley Sleep Disorders Center. She has more than ten years of clinical experience in pediatric behavioral sleep medicine, and frequently lectures nationally on behavioral sleep treatment in pediatric populations. Dr. Honaker is an author of the Sleep Train Program, a behavioral sleep treatment manual for 3- to 8-year-old children, and is completing a behavioral clinical trial evaluating this approach. She also conducts research on infant sleep intervention and on the use of computer decision support to promote evidence-based sleep care in pediatric primary care. As Dr. Honaker is board certified in behavioral sleep medicine, intern hours accrued during this rotation can be applied towards this certification.
Who We Are
The Pediatric Pain Program is an interdisciplinary outpatient clinic located at Riley Hospital for Children. Consistent with evidence-based recommendations for interdisciplinary treatment of pediatric chronic pain, the Riley pain clinic providers work together to provide a cohesive approach to the treatment of pediatric patients with chronic/recurrent pain conditions.

Who We Serve
The Pediatric Pain Program provides services for infants, children, and young adults with chronic or recurrent pain conditions including:
- Musculoskeletal pain
- Neuropathic pain such as CRPS
- Arthritis
- Fibromyalgia
- Sickle cell disease
- Abdominal pain
- Back, chest, extremity pain
- Joint pain (Ehlers-Danlos, arthritis)
- Somatic Symptom Disorders

Patients may have co-morbid mental health diagnoses such as anxiety or depression.

Psychological Services in Pain Clinic
Psychological services in pain clinic include assessment and treatment with a primarily cognitive behavioral therapy approach. Treatment duration ranges from one-time consultation to long-term psychotherapy.
- Clinical diagnostic interviews
- Integrating self/parent-report questionnaires
- Individual therapy for:
  - pain coping skills and functional rehabilitation
  - co-morbid mental health diagnoses
- Biofeedback
- Pain Coping Skills Group for Teens
- School re-integration assistance

Our Team
Primary Team Members
Amy Williams, PhD, HSPH, ABPP – Co-Director, Clinical Pediatric Psychologist (Faculty Supervisor)
James Tolley, MD – Co-Director, Pediatric Anesthesiologist
Michele Hendrickson, MD - Pediatric Anesthesiologist
Sarah Johnson, DPT – Physical Therapist
Marti Michel, NP – Nurse Practitioner

Clinical Psychology Post-Doctoral Fellow
In addition to primary team members, we have regular consulting physicians in Neurosurgery, Physical Medicine and Rehabilitation, Hematology/Oncology, Neurology, and Acute Pain.

Intern Responsibilities
Interns will participate in a combination of learning experiences including shadowing pain clinic providers, conducting co-therapy, and provision of independent services. Intern responsibilities will include:
- Conducting initial interviews with emphasis on case conceptualization of pediatric psychology cases
- Participating in coordination of care with other pain clinic team members
- Providing individual treatment including CBT for pain and comorbid mental health conditions

Intern responsibilities may also include:
- Co-leading pain coping skills group
- Learning basic skills in biofeedback
- Communication with schools regarding re-integration
- Supervised-supervision of practicum students
Who We Are
Headache Clinic is provided under the Department of Neurology. The neurologist on our team is the only pediatric headache specialist in the state of Indiana. We serve children, adolescents, and young adults from across the state. Psychology and neurology work together to provide collaborative care to patients.

Who We Serve
Headache clinic serves children, adolescents, and young adults with the most severe headaches in the state of Indiana. Specifically, we provide services to children diagnosed with chronic migraines, new daily persistent headaches, tension headaches, and cluster headaches. Due to their headaches, many of our patients have poor daily functioning. We assist patients in getting reintegrated with school, social and family interactions, and extracurricular activities.

Our Services
Headache clinic provides both medical and psychological treatment. Psychological services include assessment and treatment using CBT and biofeedback. Interns will also have the opportunity to shadow Dr. Jackman and observe nerve blocks, botox injections, and trigger point injections.

Our Team

Chris Jackman, MD – Medical Director

Hillary Blake, Psy.D. HSPP – Clinical Director

Yvonne Hayden, NP – Nurse Practitioner

Besides the primary team, the intern will often work beside residents.

Intern Responsibilities

- Complete initial interviews
- Perform respiratory, HRV, thermal, and EMG biofeedback
- Provide CBT for pain
- **Description:** The Pediatric Psychology Testing Clinic at Riley Child and Adolescent Psychiatry Clinic is a training clinic for psychology interns and practicum students. Psychology interns are trained in a 6 month rotation, which may be chosen as an elective or may be integrated into the RCAPC Core Child Clinical Outpatient Rotation.

- **Populations Served:** Children and adolescents aged 6-17 years. Primary referral questions involve concerns about attention, learning, language, and other subdomains of cognitive ability.

- **Clinic Day (Thursday):**
  - Testing Days (2 weeks/month) – Example Schedule: 8:00-8:30 AM – Preparation; 8:30 AM – 5:00 PM (not including lunch) – Administration and Scoring of Psychological Tests; 5:00-6:00 PM – Wrap-Up/Case Review
  - Learning Days (2 days/month) – Example Schedule: 9:00-10:00 AM – Independent Work/Supervision Prep; 10:00 AM – 12:30 PM – Supervision (Individual/Group); 1:30 PM – 5:00 PM – Independent Work/Supervision of Practicum Student

- **Objectives**
  - Learn and practice administration, scoring, and interpretation of major cognitive test batteries as well as tests of specific cognitive subdomains
  - Learn to select test batteries to evaluate specific presenting problems, particularly involving cognitive, learning, and language ability
  - Learn and practice interpretation strategies for common syndromes and patterns of test scores
  - Learn and practice interpretation strategies for specific tests
  - Gain exposure to recommendations related specifically to test findings
  - Learn and practice supervision of a graduate student

- **Intern Responsibilities**
  - Supervise practicum student on administration, scoring, and interpretation of tests
  - Administer tests under supervision
  - Provide behavioral observations, formulations, and interpretation
  - No report writing
Who We are
The Tics, Anxiety, and Compulsions Clinic (TAC Clinic) was launched in 2015 by Kelda Walsh, M.D. and Ann Lagges Ph.D. to provide high-quality, evidence-based psychotherapy and medication management services to children and adolescents with anxiety disorders, tic disorders, obsessive compulsive disorder, and related conditions and to provide psychology and psychiatry learners with the opportunity to train together.

Who We Serve
We treat children from preschool age through 18 who present with a primary diagnosis of an anxiety disorder, tic disorder, obsessive compulsive disorder or a related disorder such as trichotillomania. Secondary diagnoses are common and may include ADHD, depressive disorders, disruptive behavior disorders, autism spectrum disorder or an intellectual disability.

Our Services
We provide diagnostic assessments with emphasis on high-quality, thorough clinical interviews that take into account all relevant factors that impact conceptualization and treatment. Interventions provided include flexible implementation of exposure-based cognitive behavioral therapy, exposure and response prevention for OCD, Comprehensive Behavioral Intervention for Tourette’s (CBIT) and habit reversal training.

Our Team
Ann Lagges, Ph.D., HSPP, ABPP (intern supervisor)
Kelda Walsh, M.D.
Sarah Harris, LCSW
Valerie Scislowicz, LCSW

Our team makes use of a multidisciplinary approach. Drs. Walsh and Lagges co-direct the clinic. Dr. Walsh staffs medication management clinics and Dr. Lagges staffs therapy clinics. Our entire team, including our two clinical social workers, psychology interns and practicum students, and child psychiatry fellows meet weekly at 1PM on Mondays to discuss cases and take turns presenting a journal article or update on a topic relevant to the TAC clinic.

Intern Responsibilities
- Complete diagnostic assessments with emphasis on interviewing skills and case conceptualization.
- Provide treatment including exposure based CBT for anxiety disorders, Comprehensive Behavioral Intervention for Tics (CBIT) for tic disorders and Exposure and Response Prevention (E/RP) for OCD. Emphasis is placed on the flexible application of evidence-based practice; treatment manuals are utilized as training tools and resources, but are not followed rigidly.
- Present several times during rotation at TAC meetings. This may include journal articles, summaries of topics relevant to TAC or cases.
Who We Are
This clinic is designed to provide the best possible evidence-based care for children and adolescents who present with complex comorbidities that are not easily addressed within a single specialty clinic.

Who We Serve
We treat children and adolescents from preschool age through age 18 who present with a primary diagnosis of a mood disorder, anxiety disorder, OCD or tic disorder and typically at least one co-morbid psychiatric or medical disorder. Complex family situations are common.

Our Services
We provide diagnostic assessments via a thorough clinical interview with emphasis on comprehensive case conceptualization and individualized treatment planning.

Therapy is based on the best-available evidence and each patient’s unique characteristics. Modalities utilized include cognitive behavioral therapy, behavioral parent training, exposure and response prevention for OCD, Comprehensive Behavioral Intervention for Tourette’s (CBIT) and family systems interventions drawn from Functional Family Therapy.

Faculty supervisor
Ann Lagges, Ph.D., HSPP, ABPP

Intern Responsibilities
- Complete diagnostic assessments with emphasis on interviewing skills and case conceptualization.
- Provide individualized treatment that may include exposure based CBT for anxiety disorders, CBT for depressive disorders, Interpersonal Psychotherapy for Adolescent Depression (IPT-A), Behavioral Parent Training, Family Therapy, Comprehensive Behavioral Intervention for Tics (CBIT) for tic disorders and Exposure and Response Prevention (E/RP) for OCD. Emphasis is placed on the flexible application of evidence-based practice; treatment manuals are utilized as training tools and resources, but are not followed rigidly.
Who We Are
The pediatric neuropsychology rotation is a core rotation with the primary goal of providing interns with exposure to outpatient neuropsychological evaluation of children with medical conditions and associated cognitive sequelae.

Who We Serve
Patients ages 4 years through college age are seen in our clinic, and the most common medical diagnoses for these children and adolescents include brain tumors, leukemia, epilepsy, traumatic brain injury, concussion, genetic disorders, spina bifida, and hydrocephalus.

Referrals are most commonly received from neuro-oncology, hematology-oncology, neurosurgery, neurology, physical medicine and rehabilitation, and developmental pediatrics.

Our Services
Evaluations (including interview, testing, and feedback) are conducted in entirety in one day.

Intern Responsibilities
Interns on this rotation will observe and participate in diagnostic interviews with caregivers and patients, observe and conduct neuropsychological testing, observe feedback of test results to families, write neuropsychological evaluation reports, and work with postdoctoral fellows and graduate students in pediatric neuropsychology.

In addition, interns will attend a weekly neuropsychology case conference series (on Thursday mornings), which includes lectures related to the field of clinical neuropsychology and fact findings where interns can observe a postdoctoral fellow preparing for this aspect of board certification in neuropsychology. Additional educational opportunities may include attending a monthly pediatric epilepsy case conference, attending bi-monthly neuro-oncology case conference, observing an fMRI evaluation, and/or shadowing the pediatric neuropsychology fellows on the inpatient rehabilitation unit and neuro-oncology multi-disciplinary clinic.

Interns may also have the opportunity to receive supervised experience supervising practicum students. The greater part of this rotation takes place in our outpatient clinic at the IU Health Neuroscience Center/Goodman Hall, with some of the additional opportunities taking place at Riley Hospital for Children at IU Health.

Our Team
Liz Begyn, PhD, HSPP, ABPP-CN
Rachel Jensen, PsyD, HSPP
Who We Are
The Adult Outpatient rotation is located in the IU Health Psychiatric & Behavioral Sciences Clinic. This generalist training provides versatile skills to treat adults with a variety of psychiatric disorders. Unique to this training is an understanding of the individual within the realm of interpersonal relationships, group identity, and larger social systems.

Who We Serve
The IU Health Psychiatry & Behavioral Sciences Clinic provides mental health services for adults with a wide variety of psychiatric disorders:

- Anxiety disorders
- Attention deficit/hyperactivity disorder (ADHD)
- Bipolar disorder
- Depression
- Obsessive-compulsive disorder (OCD)
- Body dysmorphic disorder
- Hoarding disorder
- Posttraumatic stress disorder (PTSD)
- Adjustment disorders

Our Services
The Psychiatry & Behavioral Sciences Clinic houses several psychiatrists and psychologists to provide treatment for psychiatric disorders. Psychologists assess symptoms, satisfaction with interpersonal relationships, develop individualized treatment plans, and offer evidence-based psychotherapies such as cognitive behavior therapy (CBT), exposure therapy for PTSD, and behavioral interventions for ADHD. The number of sessions can range from 10-40 sessions.

Faculty Supervisor
Kristine Chapleau, PhD, HSPP – Clinical Psychologist

My primary interest is the role of social justice as it applies to mental health. My interest in this topic has been cultivated through my undergraduate education in social psychology, and research experience in the study of stereotyping, prejudice, and discrimination; subsequently through my graduate research experience in the study of sexual violence and system inequality; as well as clinical training in the treatment of posttraumatic stress disorder, anxiety disorders, mood disorders, ADHD, and severe mental illness.

Intern Responsibilities
Interns will work as a provider, under supervision, in the outpatient clinic with the goal of increased autonomy and independence.

- Provide individual psychotherapy
- Use & adapt evidence-based therapies
- Develop individualized treatment plans
- Assess symptoms & progress
- Coordinate care with other providers
- Discern the impact of contributing social factors (e.g., sexism, racism, interpersonal abuse, etc.)
- Opportunity to provide supervision for practicum students are available
Who We Are
The setting for this rotation is divided between the IU Health Adult Outpatient Psychiatry Clinic and Study Center at the IU Health Neuroscience Center, the Simon Cancer Center Multidisciplinary Clinic, and Methodist Hospital’s Acute Heart and Lung Care Clinic. All clinical settings have a teaching mission allowing interns to interact with residents and fellows from various departments. Please note: the 2-1/2 days/week of this Core rotation must include a full day on Tuesdays (Adult Sleep Clinic) a half or full day on a Monday or Wednesday (Heart/Lung Clinic) and a half or full day on Thursdays (Oncology Clinic).

Who We Serve
The goal of this core rotation is for interns to have a breadth of experience in providing health psychology services to adults in a variety of outpatient clinical treatment settings including cardiology, oncology, and behavioral sleep medicine.

Our Services
Specialized services provided include assessment, consultation, individual and group psychotherapy primarily utilizing CBT/ACT and other empirically supported interventions to deliver behavioral medicine, psychosocial support, coping skills building, symptom management, and behavioral modification.

Faculty Supervisor:
Yelena Chernyak, PhD

Intern Responsibilities
The goal of this core rotation is for interns to have a breadth of experience in providing health psychology services to adults in a variety of outpatient clinical treatment settings including cardiology, oncology, and behavioral sleep medicine.

Interns will have the opportunity to work with a medically diverse clinical population experiencing acute and chronic medical conditions, provide consultation services, and interact with a multi-disciplinary medical team, and attend clinical case rounds in hospital based clinics.
Who We Are
This elective rotation is a full day per week and is available only on Tuesdays. The intern will participate in an adult behavioral sleep medicine clinic in the IU Health Adult Outpatient Psychiatry Clinic in collaboration with the IU Sleep Disorders Center under the supervision of a psychologist with board certification in behavioral sleep medicine. Skills training, education, and structured learning experiences (e.g., readings, webinars) will be provided to develop skills and knowledge in behavioral sleep medicine respective to intern experience.

Please note: this elective is also part of the Adult Health Psychology Core.

Who We Serve
The intern will provide assessment and treatment services to adults ages 18+ for sleep-related presenting problems including insomnia, hypersomnia, circadian rhythm disorders, narcolepsy, anxiety disorders, and noncompliance with medical treatments such as CPAP for sleep apnea as well as possible coexisting psychiatric disorders.

Our Services
Treatments are typically short-term (4-8 sessions), are highly focused and specific to sleep problems, and have a strong basis in cognitive-behavioral psychology.

Faculty Supervisor
Yelena Chernyak, PhD

Intern Responsibilities
Initially the intern will shadow the supervising psychologist and then gradually provide more services independently. Previous experience in behavioral sleep medicine is desirable but not required.
Who We Are
This elective rotation is a full day per week and is available only on Thursdays. Outpatient psychosocial services are provided as part of the Indiana University Simon Cancer Center Complete Life Program. The treatment team, which consists of a psychiatrist, psychologist, social worker, dietitian, and chaplain, meets on a weekly basis for rounds and staffing.

Please note: this elective is also part of the Adult Health Psychology Core

Our Services
Psychological services provided include individual, family, and group therapy using CBT and other empirically-supported interventions for skills building, symptom management, behavior modification, and psychosocial support.

Faculty Supervisor
Yelena Chernyak, PhD
Who We Are
This elective rotation is a full day per week and occurs on Mondays and/or Wednesdays. Specialized psychological services are provided to the Advanced Heart and Lung Care Clinic at Methodist Hospital including pre-transplant psychological evaluations, individual therapy using CBT and other empirically-supported interventions, and group therapy for thoracic transplant patients.

Please note: this elective is also part of the Adult Health Psychology Core

Our Services
Interns will have the opportunity to work with a medically diverse clinical population, provide consultation services, and interact with a multi-disciplinary medical team in a hospital-based outpatient cardiology clinic. One hour of weekly individual supervision will be provided as part of this elective rotation.

Faculty Supervisor
Yelena Chernyak, PhD
Who We Are
IU Health is consistently ranked among the top transplant centers in the nation, transplanting an average of 500 organs each year. We are one of the few transplant centers in the Midwest offering kidney, liver, pancreas, intestine, and multi-visceral transplant, and our program has some of the best clinical outcomes and shortest wait times for organs in the country. We are also the only transplant center in Indiana capable of providing transplantation for complex medical patients.

Who We Serve
We provide psychological services for pre- and post-transplant adults. This includes:

- Liver recipients
- Liver donors
- Intestine / multi-visceral recipients
- Pancreas recipients
- Kidney recipients
- Kidney donors

Our Services
Our responsibilities include pre-transplant evaluations, (inpatient and outpatient) consultations, brief interventions, and time-limited therapy. We also lead the monthly transplant support group, participate in weekly listing meetings, and update psychosocial and substance abuse program policies to reflect current research and best practices.

Our Team
The transplant program has two psychologists, Rachel Holmes, PhD, HSPP and Audrey Krause, PhD, HSPP, who work within a large interdisciplinary team that includes transplant surgeons, hepatologists, nephrologists, clinical coordinators, psychiatry consult services, transplant nursing staff, social workers, dieticians, and pharmacists.

Intern Responsibilities
Interns will have the opportunity to conduct pre-transplant evaluations, respond to consultation referrals, conduct brief interventions, participate in interdisciplinary listing meetings, attend support group, and attend relevant invited lectures and transplant education classes.